

CURRENT PROBLEMS OF FOOD SAFETY

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Annotation. Recommendations for further improvement of the quality and safety of food products are presented

Keywords. food security, farms, tomato owners, cultivation of non-food products, supply and service.

One of the urgent problems of today is ensuring food security by increasing food production in a clear manner proportional to the growing population of the globe. It should be noted that while ensuring food safety, on the one hand, adequate production of the type and assortment of food products that will be necessary for consumption by the population is ensured, while the level of consumption is reduced, on the other hand, it is understood that the consumed food products are of high quality and do not pose a danger to human health and life. Please note that the food safety in this article should not contain microorganisms in its composition that pose a danger to human health and life or exceed the indicators specified in regulatory documents.

The great hypocrite's idea that your food should be medicine and your medicine should be food" is not in vain.

It is known that the consumption of food products of poor quality and dangerous from a veterinary and sanitary point of view is considered dangerous for potential human life. That is way today, special requirements are imposed on the quality and safety of food products at the state level. As stated in the law "On Food Quality and Safety", the state administration in the field of food quality and safety includes:

- 1) rationing by the state;
- 2) state registration of food products and equipment intended for their preparation, and contact with food products during their use;
 - 3) certification of food products;
 - 4) State control and inspection;
 - 5) planning of measures to ensure the quality and safety of food products, etc.

It is worth noting that in the composition of food products, factors that may pose a danger to human life may be different. These include chemical (use of unauthorized



chemicals), radiation (accumulation of chemically active substances), electrical, magnetic (exposure to electric and magnetic fields during the use of complex technical products), thermal (exposure to heated equipment), sanitary and hygienic (diseases caused by microorganisms, insects, exposure to pests, factors, etc.).

A legal framework has been created to ensure food safety in our country. These include the above-mentioned laws "On Food Quality and safety", "On Standardization", "On certification of products and services", "On Consumer Protection" and others. Therefore, it is desirable for each of us to have certain knowledge as a consumer, to be active in protecting our rights in case of violation of the requirements of the law, on the basis of which we will contribute to the viability of laws.

Therefore, when we buy food, we must first of all carefully read the information contained in their stamp on the etiquette documents, not forgetting that we have the right to demand this information if they do not have enough information required by our laws.

We recommend the following to further improve the quality and safety of food products:

- 1) the formation of state information resources related to the quality and safety of food products, and wide coverage of these issues in the media;
- 2) to create and put into practice a unified standard for assessing their production and quality, taking into account the physiological norm of nutrition for the most necessary food products of social importance;
- 3) Continuous monitoring of the health, quality and safety of food products of the population;
- 4) create independent laboratories in the centers of each region of the Republic that are not within the competence of state bodies, the material and technical base of which can determine counterfeiting and food safety indicators, and grant them the right to independent examination;
- 5) to establish the implementation of a food safety system and critical point analysis at food production enterprises;
- 6) constant information and organization of educational work on the formation of a healthy eating culture among the public, the population and consumers;
- 7) quality and safety criteria, as well as government incentives for food producers who comply with the principles of healthy eating, etc.

In conclusion, it should be noted that ensuring food safety is considered one of the most important problems of today, and in solving it is desirable that not only state



regulatory authorities, but also every citizen, as a consumer, express gratitude to him and help the competent authorities in this matter.

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