



## THE CONSEQUENCES OF PLASTIC SURGERY

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**Annotatsiya:** So'nggi yillarda plastik jarrohlik tobora ommalashib bormoqda, bu odamlarga tashqi ko'rinishini yaxshilash va o'ziga bo'lgan ishonchni oshirish imkoniyatini beradi. Garchi plastik jarrohlik natijalari ko'p odamlar uchun o'zgartiruvchi va hayotini o'zgartirishi mumkin bo'lsa-da, ushbu protseduralar bilan bog'liq mumkin bo'lgan oqibatlar va xavflarni hisobga olish muhimdir. Plastik jarrohlikning asosiy oqibatlaridan biri bu operatsiya paytida va undan keyin asoratlar xavfi. Ushbu maqolada plastik jarrohlikning oqibatlari haqida ma'lumot berilgan.

**Kalit so'zlar:** jarroh, in'ektsiya, shifokor, psixologiya, dalillar, jarrohlik amaliyoti.

**Abstract:** In recent years, plastic surgery has become more and more popular, which gives people the opportunity to improve their appearance and increase their self-confidence. Although the results of plastic surgery can be transformative and life-changing for many people, the potential consequences and risks associated with these procedures must be considered. One of the main consequences of plastic surgery is the risk of complications during and after surgery. This article provides information about the consequences of plastic surgery.

**Key words:** surgeon, injection, doctor, psychology, evidence, surgical practice.

**Аннотация:** В последние годы пластическая хирургия становится все более популярной, что дает людям возможность улучшить свою внешность и повысить уверенность в себе. Несмотря на то что результаты пластической хирургии могут преобразить и изменить жизнь многих людей, необходимо учитывать возможные последствия и риски, связанные с этими процедурами. Одним из основных последствий пластической хирургии является риск осложнений во время и после операции. В этой статье представлена информация о последствиях пластической хирургии.



**Ключевые слова:** хирург, инъекция, врач, психология, доказательства, хирургическая практика.

Plastic surgery - restoration of the shape and function of a damaged organ in the human body, correction of congenital and life-acquired defects and deficiencies. In plastic surgery, tissues are changed, tissues taken from another part of the patient's body are transplanted (autoplasty, autotransplantation); tissues taken from another person (allograft) or animal are transplanted to the patient; various objects made of foreign, but foreign materials (metal, plastic, synthetic fiber, etc.) are implanted into the patient's tissues and body (implantation). With the help of plastic surgery, congenital and acquired defects of the patient's face (lip scar, missing nose, stretch marks) are eliminated.

Like any surgical procedure, plastic surgery carries its own risks, such as infection, bleeding, scarring, and nerve damage. Individuals considering plastic surgery should be fully informed of these risks and work closely with a qualified and experienced surgeon to minimize potential complications. While some people experience an increase in self-esteem and self-confidence after successful plastic surgery, others may develop unrealistic expectations or be dissatisfied with the results.

This can lead to a phenomenon known as "plastic surgery addiction," in which people undergo multiple procedures in pursuit of an unattainable ideal of beauty. In addition to the physical and psychological risks, there are also financial aspects associated with plastic surgery. These procedures can be expensive, and not all insurance plans cover selected cosmetic surgeries. Individuals must weigh the financial implications of plastic surgery against their desired results and make informed decisions about investing in these procedures. In addition, society's attitudes toward beauty and body image can affect people's attitudes before and after plastic surgery can affect how he perceives himself. While some people may feel empowered and confident after the procedure, others may feel scrutinized, judged, or pressured to live up to unrealistic beauty standards. Before undergoing any cosmetic procedures, it is important for individuals considering plastic surgery to consider their motivations, values, and self-concept.

### **Conclusion:**

In conclusion, although plastic surgery can provide aesthetic and psychological benefits for many people, it is important to recognize the potential consequences and risks associated with these procedures. By doing thorough research, consulting with



medical professionals, and managing expectations, people can make an informed decision about whether plastic surgery is the right choice for them. Ultimately, the key to a successful plastic surgery experience is careful consideration, realistic expectations, and a commitment to prioritize physical and emotional well-being.

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