



INFLUENCE OF HORROR SHORT STORIES ON PEOPLE WHO LIVE IN DIFFERENCE AREAS

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Abstract

Horror is a genre of literature , film , and television that is meant to scare , startle , shock , and even repulse audiences. The key focus of a horror novel , horror film , or horror TV show is elicit a sense of dread in the reader through frightening images , themes, and situation. In horror genre , story , and characters are just as important as mood and atmosphere. A horror story often shocks and provokes with its exploration of the unknown.

Key words: demons, witches, vampires, werewolves and ghosts.

Introduction:

In 1765, the genre was invented by Horace Walpole whose *The Castle of Otranto* may be said to have founded a horror story as a legitimate literary form. The horror genre is ancient origins, with roots in folklore and religious traditions focusing on death, the afterlife, evil, the demonic and the principle of the thing embodied in the person. These manifested in stories being such as demons, witches, vampires, werewolves and ghosts.

Methods:

There are basically 3 elements in horror story:

The first element of horror stories is that they take the imagination of the reader on a journey that creates a sense of fear. This doesn't mean that reader is constantly scared, but rather a sense of fear that can be enjoyed. Ironically, gaining that experience of fear is the very reason people choose to read horror stories. It creates the same sensation of relief and excitement that you feel when you ride a roller-coaster, meaning that horror stories are stimulating and gripping.

Secondly, horror stories have many plot twists that keep the reader on edge. This creates suspense, and surprises that help take the reader further into the unknown. This means that nothing is impossible, and that things may not always be what they appear to be ...



Thirdly, horror stories tend to feature scary situations. This could include an encounter with a zombie, staying in a haunted house or meeting a werewolf. These situations grip the reader to find out more, including what happens to the characters they have been following and how the horror story ends.

Reading horror stories can cause your brain to go into a state of panic. Reading such novels elicits the release of hormones. These hormones, cortisol and adrenaline, help animals and humans deal with danger. The strong fear that students may feel after reading such books can negatively affect their academic performance. This can, in return, affect their potential success after graduating college, leaving them jobless. In order not to worry about bad grades, students can seek help from professional personal statement writers who will complete the assignments for them. These real experts have lots of experience offering help online. Hiring writing services when students are feeling scared is normal and can help them recover.

Horror is a varied genre that is hard to be defined by one single definition. Todorov distinguishes between three forms of horror as a genre: uncanny, marvelous, and fantastic.

In the first category - the uncanny, the end of the story contains elements of supernatural, events that seem to be unreal, impossible or irrational, or events that follow the laws of nature but are incredible, disturbing, unusual, shocking, unexpected or unique.

The viewer/reader has an opportunity to explain them in their own way. Yet the laws of reality remain untouched. Examples of this category are the following films: "Taste of Fear" (1961), "Nightmare" (1964), "Psycho" (1960) or films that overlap with the genre of science fiction. Extraterrestrials can be inhuman but not unnatural; they represent the boundaries of human knowledge.

In the second category - the marvelous horror, seemingly irrational and incomprehensible phenomena can be explained by accepting the second layer of the reality - the supernatural while the story lasts. To explain the incomprehensible phenomena of the story we must accept "the new laws of nature". Films of vampires, werewolves, living dead, demons etc represent the category.

The third category - the fantastic horror does not allow us a clear explanation of the irrational; it offers us several alternatives. The viewer/reader can decide whether they will explain the phenomenon as the existence of the paranormal or as a hallucination of the protagonists. The fantastic horror raises doubts and hesitation between the natural and supernatural alternative, which the recipient may share with the character.



Examples are films such as "Shining"(1980) , "Cat people"(1942), "The innocents"(1920), or "I walked With a Zombie"(1943)¹.

Horror short stories are written according to the types of genre mentioned above.

Discussion:

There are differences between Uzbek and English short horror stories.

Certainly! Uzbek and English horror short stories may have some differences due to cultural and literary traditions. Here are a few general differences you may find:

1. Cultural Influences: Uzbek horror short stories may draw inspiration from local legends, folklore, or superstitions specific to Uzbekistan, while English horror short stories may incorporate cultural elements from the British or Western traditions.

2. Setting and Atmosphere: The settings in Uzbek horror stories might showcase traditional Uzbek locales, such as old houses, villages, or haunted sites with ties to local history. English horror stories often feature settings like old mansions, gothic castles, or eerie landscapes.

3. Themes and Motifs: Uzbek horror stories may highlight supernatural creatures or entities from Uzbek folklore, such as jinns or evil spirits. English horror stories often explore themes like ghosts, vampires, werewolves, psychological terrors, or scientific experiments gone wrong.

4. Writing Style: The writing style in Uzbek horror stories may reflect the nuances of Uzbek literature and language, including descriptive details that immerse the reader in the story's atmosphere. English horror stories may follow the conventions of English literature, with a focus on suspense, tension, and psychological elements.

Remember, these are just general differences, and individual stories may vary greatly within each tradition.

Horror short stories can have several effects on readers. Here are a few common impacts:

1. Emotional response: Horror stories often aim to evoke fear, suspense, and a sense of unease. Readers may experience intense emotions like terror, anxiety, or even excitement while reading a well-crafted horror story.

2. Adrenaline rush: Horror stories can create a thrilling and suspenseful atmosphere, leading to an adrenaline rush for some readers. This heightened state of excitement can make the reading experience more engaging and impactful.



3. Increased heart rate: Intense or suspenseful horror stories may cause a reader's heart rate to increase. This physiological response can add to the overall sense of tension and fear.

4. Psychological impact: Horror stories can tap into deep-seated fears and anxieties, allowing readers to explore these emotions in a safe and controlled environment. They can provoke deep thoughts, introspection, and contemplation about the darker aspects of life and human nature.

5. Catharsis: Some readers find catharsis in reading horror stories. By confronting and experiencing fear through fiction, one may achieve a sense of release or relief.

Conclusion:

However, it's important to remember that the impact of horror stories can vary from person to person. Some may find them exhilarating and enjoyable, while others may feel genuinely frightened or disturbed. It's always a good idea to choose material that aligns with your comfort level and personal preferences.

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