

## THE PECULIARITIES OF UZBEK AND AMERICAN CUSTOMS AND TRADITIONS

*Ibragimova Dilafruz Shukhratovna*

*Senior Lecturer of the Department*

*"Practical English",*

*FSU*

*Sobirjonova Gulhayo Dilmurod qizi*

*Student of the Faculty*

*English Language and Literature*

*FSU.*

### Annotation

Every culture in the world has its own unique customs and traditions that shape its identity and way of life. Uzbekistan and the United States are no exceptions. These two countries, situated on opposite sides of the globe, have distinct customs and traditions that reflect their histories, values, and cultural influences. This article depicts the peculiarities of Uzbek and American customs and traditions.

**Keywords:** culture, custom, tradition, history, value, holiday, hospitality.

### Annotatsiya

Dunyodagi har bir madaniyat o'ziga xos urf-odat va an'analarga ega bo'lib, uning o'ziga xosligi va turmush tarzini shakllantiradi. O'zbekiston va Amerika ham bundan mustasno emas. Dunyoning qarama-qarshi tomonida joylashgan bu ikki mamlakat o'zlarining tarixi, qadriyatlari, va madaniy ta'sirini aks ettiruvchi o'ziga xos urf-odat va an'analarga ega. Ushbu maqolada o'zbek va ingliz urf-odat va an'alarining o'ziga xos xususiyatlari tasvirlanadi.

**Kalit so'zlar:** madaniyat, urf-odat, an'ana, tarix, qadr-qimmat, bayram, mehmondo'stlik.

### Introduction

The word culture, refers to the behaviors, values, and customs shared by a group of people. Because some behaviors are simply part of being human.

A custom is a widely accepted, traditional way of behaving or doing something that is unique to a specific society, location, or time. Each society, religion, and community has its own set of customs. Customs are an important aspect of culture. A tradition is a practice that has been passed down through generations and is observed by the majority of people in a society or culture, whereas a custom can be short-lived and observed only at the family or individual level.

### Uzbek Customs and Traditions.

Customs and traditions of the Uzbek people have been forming for centuries. They are very distinctive, impressive and different, dating back to different epochs and religions.

**Hospitality:** Uzbek culture is renowned for its warm hospitality. Guests are considered a blessing, and hosts make every effort to make them feel welcome. It is customary to offer guests tea, sweets, and a variety of traditional foods. In Uzbek homes, guests are often given the best seats and are treated with utmost respect and courtesy.

**Palov:** Also known as pilaf, is the national dish of Uzbekistan and holds a special place in Uzbek culture. Palov is a rice dish usually cooked with meat, vegetables, and an assortment of aromatic spices. It is prepared in large quantities and shared with family, friends, and even strangers during weddings, holidays, and other special occasions.

**Marriage:** Marriage is carried out with the consent and blessing of the parents and consists of several stages. When the son reaches adulthood, parents begin to look for a suitable young woman. Close relatives, neighbors and friends participate. When a young woman is found, the Aunts of motherhood and fatherhood go to the House of a young woman with the pretext of seeing a young woman, knowing about life in the House of her parents and the future bride. Then the troops and acquaintances will be questioned about the family of the chosen young woman. If the thoughts are positive, the matchmakers will be sent to the parents of the bride. The custom of the wedding is traditionally of great importance in the life of Uzbeks and is celebrated solemnly.

**Respect for elders:** Respect for elders is deeply ingrained in Uzbek culture. Younger generations show reverence and deference towards their elders and seek their guidance and wisdom. Elders, in turn, offer advice and blessings, and are venerated within the family and community.

### **American Customs and Traditions**

American culture encompasses the customs and traditions of the United States. "Culture encompasses religion, food, what they wear, how they wear it, their language, marriage, music, what they believe is right or wrong, how they sit at the table, how they greet visitors, how they behave with loved ones, and a million other things,"

**Melting Pot:** The United States is often referred to as a "melting pot" due to its diverse population, composed of people from various ethnic, religious, and cultural backgrounds. This diversity is deeply ingrained in American society and celebrated through multicultural events, festivals, and ethnic cuisine.

**Thanksgiving:** Thanksgiving is a uniquely American holiday, observed on the fourth Thursday in November. It traces its origins to the harvest feast shared by the Pilgrims and Native Americans in 1621. Thanksgiving is a time when families and

friends gather to express gratitude for blessings and enjoy a traditional feast, typically featuring roast turkey, cranberry sauce, and pumpkin pie.

**Clothing styles:** Climate, occupation, location, and social standing all influence clothing choices. According to Interexchange, there have been many different fashions over the years, but some clothes items that are strongly linked with Americans are jeans, sneakers, baseball caps, cowboy hats, and boots. Among the well-known American brands are Victoria Secret, Michael Kors, Calvin Klein, Ralph Lauren, and Victoria Secret.

**Sport:** With millions of enthusiasts for football, baseball, basketball, and hockey, among other sports, the United States is a sports-loving nation. Baseball is regarded as America's favorite pastime; it originated in colonial America and became an organized sport in the middle of the 1800s, according to [Sporcle Blog](#). However, over the past three decades, football has surpassed baseball in popularity, according to the Harris Poll.

**Individualism:** American culture places a strong emphasis on individualism, personal freedom, and self-reliance. People are encouraged to pursue their dreams and express their individuality, leading to a diverse array of lifestyles, beliefs, and values. This emphasis on individualism also shapes American work culture, where competition and achievement are highly valued.

While there are noticeable differences between Uzbek and American customs and traditions, there are also some common threads that bind them together. Both cultures place a great importance on family and community, though they may express it in different ways. Furthermore, they both have unique culinary traditions that showcase their regional flavors and ingredients.

### **Conclusion**

In an increasingly interconnected world, understanding and appreciating different customs and traditions is vital. By exploring the peculiarities of Uzbek and American customs and traditions, we gain a deeper appreciation for the richness and diversity of human culture. These customs and traditions not only shape our everyday lives but also serve as a bridge, fostering understanding and connection between people from different backgrounds.

### **References**

1. Ashirov A.A. Ancient traditions and rituals of the Uzbek people. -- E., 2009 Journal of Anthropology Reports ISSN: 2684-1304
2. Ibragimova, D. (2012). *Образование и культура, Им-zakovatimiz-senga, ona-Vatan.* "MUSTAHKAM OILA YILI"ga bag'ishlangan ilmiy -amaliy anjuman materiallari 2-qism. 73-74.
3. Rangel G (2022) Characteristics of Culture, Customs and Traditions Anthropology Rep. 5:136.

4. S.S.Kulbayeva. The peculiarities of Uzbek traditions and comparison with Russian and English culture. International scientific research journal. ISSN:2776-0979, Volume 3, Issue 4, April., 2022.
5. Ibragimova, D. (2014). Женщина и её роль в общественной жизни современного общества, Sogʻlom muhit-sogʻlom avlod shakllanishi omili. Respublika ilmiy-amaliy anjumani materiallari. Fargʻona, 79-81.
6. Zununova G.Sh. Material culture of Uzbeks of Tashkent: transformation of traditions. – Tashkent.
7. <https://www.advantour.com/uzbekistan/traditions.htm>.
8. <https://awaken.com>
9. <https://www.customtradition.com>
10. <https://infofeather.com>
11. <https://www.livescience.com>
12. <https://people-travels.com/countries/uzbekistan-additional/uzbek-customs-and-traditions>.
13. <https://study.com>
14. <https://www.walshmedicalmedia.com>